



CALLING ALL ARTISTS:

We're hosting a t-shirt design contest!

Help us create the official race t-shirts for our annual Global Strides 5K race and Fun Run. The winning design will be featured on the 2019 race t-shirt.

Are you up for the challenge?

Shirt Design Requirements:

- Design must indicate 2019 is AAH's 15th anniversary year
- A maximum of **3 colors** in addition to black & white may be used (*black, white, + 3 other colors*)
- Learn more about AAH at AAHUGanda.org to get inspired to design something great!

Details:

- Shirt submissions must be in PDF format and submitted [here](#)
- Deadline for submissions is Friday, May 31, 2019



Ready to lace up your running shoes? The race is open to everyone - children (Fun Run at 8:45 a.m.), adults, and furry well-behaved, leashed friends! Registration is already open at AAH5k.com. We hope to see you in our sure-to-be-great race t-shirt on Sunday, October 6 at 8:00 a.m. in Bluemont Park.